

MAY 2026

MONTH OF: MENTAL HEALTH AWARENESS | THYROID AWARENESS | FAMILY VIOLENCE PREVENTION

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
					1	2
New Year's Day					Int. Workers Day	Harry Potter Day
3	4	5	6	7	8	9
Int. Family Equality Day; Int. Bereaved Mother's Day; World Laughter Day	Labour Day (QLD, NT); Star Wars Day; Met Gala	LinkedIn Birthday	3rd Anniversary of Coronation; No Diet Day; Maternal Mental Health Day	World Password Day	World Red Cross Day	Europe Day; Lost Sock Memorial Day
10	11	12	13	14	15	16
Mother's Day (Aus)		Int. Nurses Day; Eurovision 12, 14, 16			Int. Day of Families	Bike to Work Day; Eurovision Song Contest Final
17	18	19	20	21	22	23
IDAHOBIT; National Volunteer Week begins (18-24 May)	Int. Museum Day; National Volunteer Week		World Bee Day	GAAD; National Volunteer Week (21-24)		
24	25	26	27	28	29	30
National Volunteer Week ends	National Wine Day	National Sorry Day (Aus)	Reconciliation Week (Aus) (27-3 June); Sunscreen Day	Hamburger Day		
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World No Tobacco Day						